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Town distinguished by the Council of Europe

SUWAŁKI



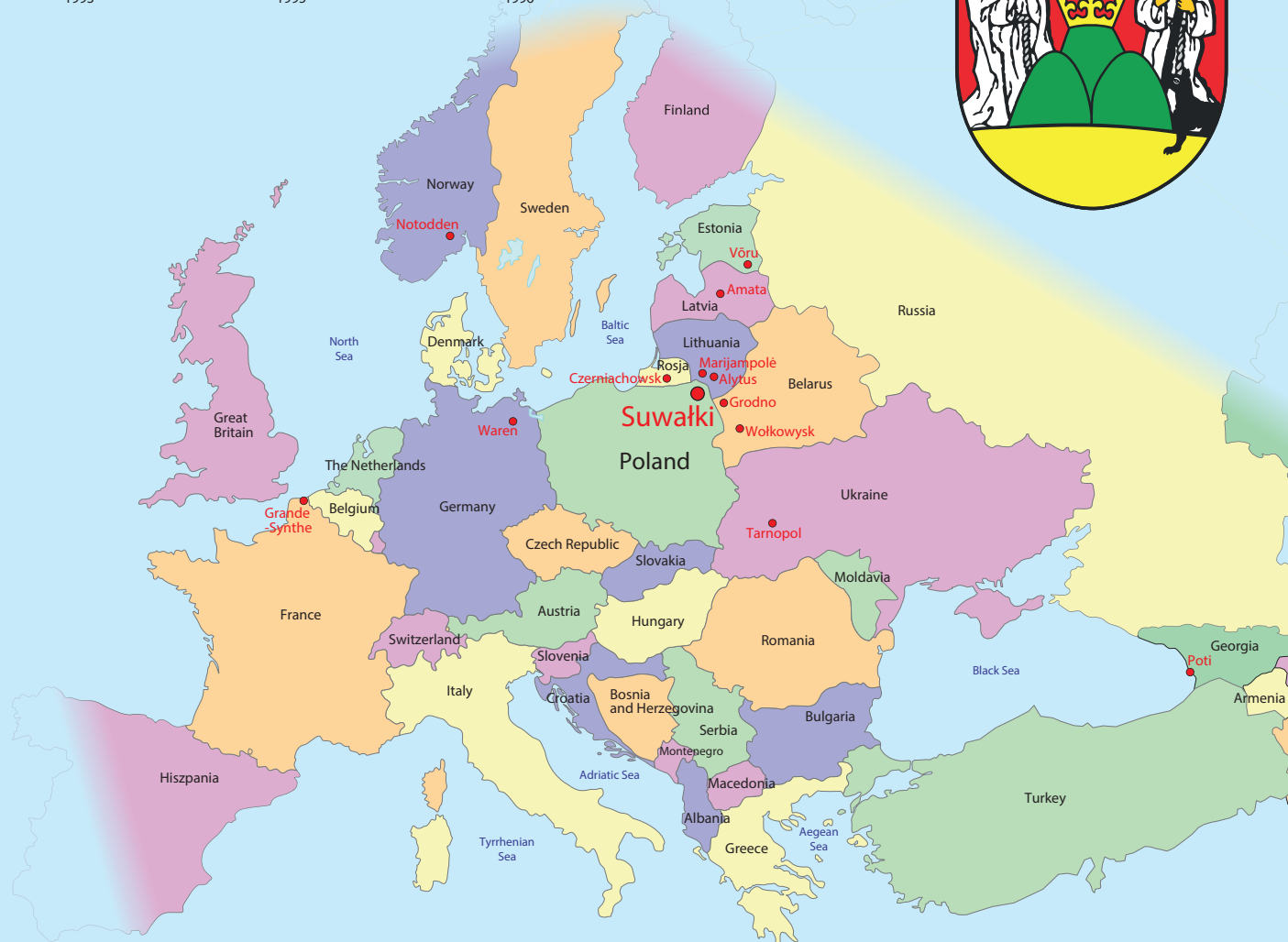
DIPLOMA OF
THE COUNCIL OF EUROPE
1993



HONOURABLE FLAG OF
THE COUNCIL OF EUROPE
1995



HONOURABLE MEDAL OF
THE COUNCIL OF EUROPE
1996



PARTNER CITIES



Grande-Synthe
France (1978)



Võru
Estonia (1999)



Marijampolė
(Mariampol)
Lithuania (1995)



Notodden
Norway (2008)



Alytus (Olita)
Lithuania (1996)



Czerniachowsk
Russia (2012)



Waren
Germany (1999)

COOPERATING CITIES



Amata
Latvia (2010)



Poti
Georgia (2017)



Wolkowysk
Belarus (2016)



Tarnopol
Ukraine (2017)



Grodno
Belarus (2016)

I invite you to the town of the Camaldolese monks

“Polish Pole of Cold”, “fairy-tale land”, “green lungs” of Poland – You surely know these descriptions of Suwałki and Suwalszczyzna. This year, I especially invite you to experience all the things that the north-eastern Poland offers you. Because, I would like to invite You to celebrate the jubilee of 300 years of Suwałki town.

In 1720, the king Augustus Sas II confirmed the Camaldolese location act of 1715 and then Suwałki became a town. After 300 years, we can say with pride that Suwałki did not lose its chance to develop. Efforts of many generations of Suwałki inhabitants have carried us to the point when we can say that our town is modern and complete. We have infrastructure and objects that some bigger cities cannot boast about. At the same time, life in our town is still quiet.

Bringing closer the history of the castle on the Czarna Hańcza river, I invite You to visit Suwałki in 2020 – the anniversary year. In March, the historical session was held. During the session, the history of Suwałki from founding fathers – Camaldolese monks to present day have been presented.

The culmination of the jubilee celebrations is planned on 14-16 of August, when II World Congress of Suwałki Inhabitants, the Camaldolese Fair and the Suwałki Days will take place. We would like to celebrate these events commonly with people who like our town but also with those who will visit Suwałki for the first time. It is worth to be with us.

Surely, I invite You for the walk on the neoclassical Kościuszki St, which is our pride. Vast majority of our historic monuments are located along this street: writer Maria Konopnicka's house, Nobel prize winner Czesław Miłosz's family house, painter Alfred Wierusz Kowalski's house, as well as three churches: Catholic, evangelical and an old Orthodox church (now serving the Catholics).

Kościuszki Street is neighboured from both sides by two newly renovated places: the Constitution of May 3 Park and the Maria Konopnicka's Square, connected by the street of the most Suwałki name – Chłodna (the Cold). “Cultural Routes of Suwałki” are the best way of looking for historical traces.

We have to remember that Suwałki are located on one of the most beautiful Polish rivers – Czarna Hańcza. A walk along the



riverbank, especially the new boulevards that will be completed in 2020, connected with the visit on the island on the Arkadia reservoir will assure you relax after all day of visiting.

I also invite you to take part in events organized throughout the year in the Suwałki Cultural Centre with the entertainment hall for 700 spectators as well as in the Suwałki Arena – the sports and show hall for over 2000 people, where our volleyball team of Plus League - MKS Ślepsk Suwałki plays.

Aquapark – modern object with sports and swimming pools and other attractions waits for you 24 hours a day, seven days a week.

In July, you cannot leave the Suwałki Blues Festival, the largest outdoor event of blues music organized since 2008. During four days of the event, the world-class stars of blues will play their music in the city centre and in clubs. The admission for the outdoor events is free.

Do not worry about the accommodation base. In recent years, many modern objects that metropolises would be proud of were constructed thanks to the support of European funds: several hotels in Suwałki were built with European co financing, the Euro-camping by the Arkadia reservoir also waits for tourists.

The great value of Suwałki is location in beautiful area. Trips on Suwalszczyzna will be the tourist attraction. Precious sightseeing and natural areas are to be found in Suwałki's surroundings: old monasteries, ruined palaces and castles, precious wooden construction objects, religious monuments

as well as tourist and recreation places: lakes, rivers, forests and primeval forests: Augustowska, Romnicka and Borecka Primeval Forests. The Wigry National Park and the Suwałki Landscape Park are just around the corner, which means that Suwałki is a perfect starting point to begin trips headed to all beautiful corners of the region of Suwałki and Eastern Masuria.

The region of Suwałki is attractive both as a weekend trip destination, and for a longer stay. In summer you can either ride a canoe trip down the Czarna Hańcza River, sail on the lake Wigry, or cycle along Suwałki region's cycle trails. Also, it is a must to climb the lookout tower of the old Camaldolese monastery in Wigry and visit the vantage point in Smolniki. The latter location inspired a world-renowned film director Andrzej Wajda, born in Suwałki, who later decided to make “Pan Tadeusz: The Last Foray in Lithuania” film in Smolniki.

A faithful group of fans praises regional cuisine. It is more than recommended to try cepelins, potato pie and a traditional branched tree cake.

Feel invited to Suwałki, we will commonly celebrate the jubilee of our town.

President of Suwałki
Czesław Renkiewicz

*Czesław
Renkiewicz*

Cultural Routes of Suwałki



The walk on the Jewish trail in Suwałki



1. Jewish Cemetary (kirkut) – Zarzecz St
2. Abraham Stern's family house – the corner of Kościuszki and Waryńskiego St
3. Jewish Gymnasium – 47 Kościuszki St
4. Adelson's Mill – Noniewicz St and the old brewery – Wigierska St
5. Houses of prayer - Beit Jakow and Chewra Midrasz – Noniewicz St (former Jerozolimska)
6. Synagogue – the corner of Kościuszki and Waryńskiego St
7. Stone of memory – Noniewicz St
8. Retirement Home for Jews – 42 Noniewicz St
9. Former Jewish hospital – 101 Kościuszki St
10. Samuel Orgelbrand's tenement house – 72 Kościuszki St
11. Hollaenderscy's tenement house – 72 Kościuszki St



Classicist route



1. Church of the Sacred Heart of Jesus – A. Mickiewicza St
2. Former Male Gymnasium – 3 A. Mickiewicza St
3. Town hall with the guard house – 1 A. Mickiewicza St
4. Former State Treasury – 47 T. Kościuszki St
5. Former post office – 45 T. Kościuszki St
6. Maria Konopnicka's House – 31 T. Kościuszki St
7. Lechosław Marszałek's House – 27a T. Kościuszki St
8. Evangelic and Augsburg Church of the Holy Trinity – 12 T. Kościuszki St
9. Alfred Wierusz-Kowalski's House – 16 T. Kościuszki St
10. Prof. Edward F. Szczepanik's House – 46 T. Kościuszki St
11. Governor's House – 71 T. Kościuszki St
12. "House under the columns" – 62 T. Kościuszki St
13. Former book store – 72 T. Kościuszki St
14. Former edifice of the Provincial Commission and the Tribunal – 74 T. Kościuszki St
15. Pharmacy – 78 T. Kościuszki St
16. Former hospital – 101 T. Kościuszki St
17. Bank tenement – 101 T. Kościuszki St
18. Former Civic Club – 81 T. Kościuszki St
19. State Archive – 69 T. Kościuszki St
20. Church of St Alexander – J. Piłsudskiego Square
21. House, where parents of Czesław Miłosz lived in 1927-1935 – 10 Fr. Hamerszmita St
22. Karol Majerski's house – 5 Fr. Hamerszmita St



Tourist trail "Dwarfs do exist"



Tourist trail "Dwarfs do exist" runs to the most interesting cultural and tourist places and objects of present Suwałki. The guides of the trail are charming dwarfs from the fairy tale "Little Orphan Mary and the Dwarves", written by Maria Konopnicka – born in Suwałki.

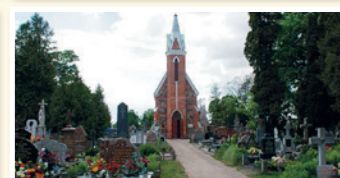
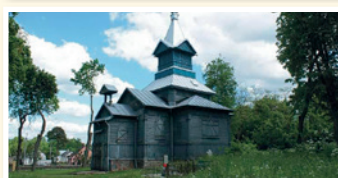
Friendly dwarfs invite the strollers in the following places: **Pietrzyk**, sports fans – in front of the entrance to the Aquapark, 7 Jana Pawła II St; **Modraczek**, music and flowers lover – nearby the fountain in front of the Suwałki Cultural Centre, at the crossroads of streets: Karola Brzostowskiego and Jana Pawła II; **Koszałek-Opalek**, chronicler – the Grande-Synthe passage; just about the Arkadia Department Store; **King Błystek and Kocie Oczko** – at the Maria Konopnicka's monument on the Maria Konopnicka's Square; **Podziomek**, gourmand – on the column of the street lantern in Chłodna St; **Sikorek**, birds lover – nearby the fountain in the Constitution of May 3 Park; **Pakuła and Mikuła**, guards – in front of the entrance to the Maria Konopnicka's Museum; **Żagiewka**, herbs lover – in the front of the entrance to the administration and social building on the area of the football stadium.



Walking route



1. Complex of cemeteries of seven denominations
 - Roman-Catholic cemetery
 - Evangelic cemeteries
 - Orthodox cemetery
 - Old Believers cemetery
 - Jewish cemetery
 - Moslem cemetery
2. Arkadia reservoir
3. Bridge on the Czarna Hańcza river
4. Former New Market
5. Chłodna Street
6. Constitution of May 3 Park





Suwałki Cultural Centre



The Suwałki Culture Centre was established in November 2012 on the basis of resolution no. XIX/191/2012 of the City Council of Suwałki. It came into existence from liquidated units: the Regional Centre of Culture and Art and the Youth Culture Centre in Suwałki.



Art Gallery "OLD BATHHOUSE"

Art Gallery "OLD BATHHOUSE" presents in the form of permanent exhibition works of the artist – Andrzej Strumiłło but also temporary exhibitions of other artists, not only connected with Suwałki.



Organized events:

Events:

- XXI Kaziuk Suwałski (8.03)
- V Soulwałki Gospel Workshop (14–16.05)
- XX International Festival of Song and Dance Seashells of Wigry (Muszelki Wigier) 2020 (29–31.05)
- XIX International Festival of Children and Youth Theatres Wigraszek (18–20.06)
- **13. Suwałki Blues Festival 2020 (9–12.07)**
- XXI Suwałki Fair of Folklore (25–26.07)
- XIII Suwałki Marathon of Shanties (2.08)
- Camaldolese Fair 2020, 300 years of Suwałki (within the celebration of 300 years of the Suwałki town) (14–16.08)
- XVII International Meetings with Monodrama „On the gold horseshoe of Pegasus (‘‘O Złotą Podkowę Pegaza’’) 2020 (3–5.12)

Cyclical events:

- Suwałki Philharmonic – concerts of the Suwałki Chamber Orchestra under the direction of Krzysztof Jakub Kozakiewicz (19.01, 14.02, 7.03, 2.04, 26.05, 26.06, 25.09, 30.10, 27.11, 11.12)
- summer outdoor concerts „On the carpet at Maria's: ethno collage” – sounds of the world without the borders (‘‘Na dywaniku u Marii’’) (28.06, 3, 17, 24, 31.07, 7, 21, 28.08)

Exhibitions:

- opening of the exhibition of the graphics of Marc Chagall from collection of Dariusz Matyjas (within the celebration of 300 years of the Suwałki town, open till 5.03) (10.01)

- opening of the exhibition ‘‘IV Suwałki Art Salon’’ (within the celebration of 300 years of the Suwałki town, open till 30.04) (22.02)
- opening of the exhibition of photography of Photographic Club Pacamera (within the celebration of 300 years of the Suwałki town, open till 30.06) (13.03)
- opening of the exhibition of graphics of Jo Mirowski ‘‘Hey Hey it is olny rock'n'roll!’’ ‘‘Hej, hej to tylko rock'n'roll!’’ (within the celebration of 300 years of the Suwałki town, open till 6.09) (10.07)

Ticketed events organized by the Suwałki Cultural Centre are encompassed by the discount program – the Suwałki Inhabitant Card.

13. SUWAŁKI BLUES FESTIVAL

9-12.07.2020

LARGEST
OUTDOOR

BLUES FESTIVAL

IN POLAND



The 13th edition of the SUWAŁKI BLUES FESTIVAL will be held 9–12 of July 2020 in Suwałki. The SUWAŁKI BLUES FESTIVAL is the largest outdoor blues festival in the country. It is the brand and the guarantee of always rich artistic program. We are the only blues festival in Poland which enables the laureates to represent our country on the international stage during the European Blues Challenge. This year, during the European Blues Challenge on 16–18 of April, Poland will be represented by SOSNOWSKI, chosen during the SBF 2019.

Fans of blues loves the Suwałki Blues Festival. Numerous prizes prove it, among others: Podlasie Brand of the Year 2008, the Blues Top 2008 of the quarterly newspaper ‘‘Your Blues’’, the Best Tourist Product of 2009, the Sudovian Spear 2009, the Best Tourist Product of Podlaskie Province 2010, the Blues Top 2012 of the quarterly newspaper ‘‘Your Blues’’, Podlasie Brand of the Year 2016, the Prize – the Ambassador of the East 2017, the Blues Top 2018 of the quarterly newspaper ‘‘Your Blues’’ in the category – regular event.

The constant elements which signed in the city landscape, are the Blues Stars Avenue

in the Chłodna Street, where the slabs with names of the biggest stars of the past editions of the festival as well as the Bluesman bench – where tens of photos commemorating nice moments spent in our town were taken.

The new element, revealed ceremoniously during the last edition of the SBF was the blues mural of Andrzej Pągowski.

The SUWAŁKI BLUES FESTIVAL is realized in cooperation with all-Poland and regional media. Past editions were supported among others by III Program of the Polish Radio, Polish Radio Białystok, Ströer Media, ONET.pl.



District Museum in Suwałki

The District Museum in Suwałki was established after transformation the Museum of the Suwałki Land in 1975. The museum is located in the historic building of the Civic Club, constructed in 1912-1913. The structure of the Museum includes substantive areas: archaeological, ethnographic, historic, documentation of the recent history, geologic, history of art, literary culture of Suwałki region as well as promotion and popularisation. The District Museum in Suwałki offers its visitors the following permanent exhibitions:

- "The Oldest history. Suwalszczyzna and the Eastern Masuria from the end of the Ice Age to the Sudovia fall" – permanent archaeological exhibition.

- "On the historical tract" – permanent historical exhibition.
- Permanent exhibition showing the life and creation of Alfred Wierusz-Kowalski.

The Museum organizes two big outdoor events popularising the history of the region every year:

1. Archaeological Feast in Szawcarnia, in the area of the "Sudovian cemetery", telling the story of prehistoric Suwalszczyzna,
2. Cavalry Picnic popularising the cavalry traditions of the town.

The District Museum in Suwałki has two divisions in the town: the Maria Konopnicka's Museum and the Centre of the Modern Art of Andrzej Strumiłło.



The Maria Konopnicka's Museum was established in 1973 as the Museum of the Suwałki Land; since 1975 it is the division of the District Museum. It is located in the historic building, constructed in 1826-1827, at the main street of the town. Maria Konopnicka, named from home Wasilowska, was born here and she spent almost seven years of her childhood.



IN 2020 WE PROPOSE:

- The discussion panel on the occasion of 300 years of the city was held (02.03)
- Archaeological Feast (4-5.09)
- XX Jubilee Cavalry Picnic – Cavalry Days in Suwałki (August/September)
- Promotion of the Suwałki biographic dictionary (August/September)



District Museum in Suwałki: 81 T. Kościuszki St, 16-400 Suwałki • tel. +48 87 566 57 50 • e-mail: sekretariat@muzeum.suwalki.pl • www.muzeum.suwalki.pl



Public Library of Maria Konopnicka in Suwałki

The Public Library operates in Suwałki since 1945. For over 75 years, it gathers, elaborates, keeps and shares library resources, taking into consideration materials connected with our region. In its collections, the library owns about 200.000 volumes, almost 12.000 readers take advantage of them, which is over 17% of Suwałki inhabitants.

The Library has three affiliates as well as the Midicentre (Midicentrum) – Creative Centre of Learning of the Science. The Midicentre uses modern informational technologies during activities addressed to schools, kindergartens, day rooms as well as individual users. The Midicentrum offers among others language courses, activities connected with computer graphics, sciences, including robotics and automatics, technique, natural sciences, music and computer animations.

The 300 years of granting the town charter for Suwałki has become an occasion to publication of the Jubilee Book – the album dedicated to Suwałki town. The Public Library of Maria Konopnicka in Suwałki is its co-publisher together with the Society of Social and Cultural Initiatives "Over the Czarna Hańcza river" ("Nad Czarną

Hańczą"). The Library commemorates this jubilee not only by this publication. Also the May conference for librarians of Podlasie Province will be dedicated to 300 years of Suwałki. The Jubilee, XX edition of "Suwałki inhabitants read for children" ("Suwałczanie czytają dzieciom"), which is common reading of Suwałki legends, but also XIV edition of the contest "Suwałki limericks in summer" ("Suwałskie limeriki latem") refer to the celebration of the 300 years of Suwałki.

In the library building, the exhibition "Wedding portraits of Suwałki inhabitants" ("Portrety weselne suwałczan") and in the town area the outdoor exhibition "300 photos for 300 years of Suwałki" ("300 zdjęć na 300-lecie Suwałki") will be organised.

"The Suwałki Fortnightly" ("Dwutygodnik Suwałski") redacts a special supplement, i.e. a calendar of the 300 years, illustrated with the most important events in the Suwałki History as well as it initiated the plebiscite for "The Suwałki inhabitant of the 300 years".



Public Library of Maria Konopnicka in Suwałki: 16-400 Suwałki, 33A Emilii Plater St
tel./faks +48 87 656 62 46 • e-mail: sekretariat@bpsuwalki.pl • www.bpsuwalki.pl

Affiliate No. 1 – 60 Szpitalna St • Affiliate No. 2 – 41 Klonowa St • Affiliate No. 3 – 26 Północna St • Midicentre – 4A W. Witosa St; www.midicentrum.pl

Rest

Arkadia Reservoir

The Arkadia Reservoir is a water body, fed with waters of the Czarna Hańcza river. The infrastructure around the artificial lake is adapted to the needs of all users who would like to take a rest at the water in summer. Lifesavers – employees of the Suwałki Sport and Recreation Centre (OSiR) watch over the security of resting people.

Users can take advantage of the floating equipment. Nearby the beach, a cafe, a playground for children, a tennis court, a skate park, an outdoor gym are situated. Moreover, a street workout and a parkour park are also available.



fot. K. Mierzejewski

Constitution of May 3 Park

The Constitution of May 3 Park was established in the twenties of XIXth century. It is a typical example of town garden plans of that period and a place for relax and rest. Numerous concerts are organised there in the summer. The "Oak of Freedom", planted in 1923 in the anniversary of the Constitution of May 3, the cast-iron sundial from 1941 and the wooden arbour are also worth seeing.



fot. K. Mierzejewski

Sport and Recreation Centre

STARY FOLWARK MARINA

The object belonging to the Sports and Recreation Centre in Suwałki is situated on the picturesque Lake Wigry, about 12 km from Suwałki. The immediate neighbourhood of the Wigry National Park contributes to an extraordinary atmosphere and great conditions for both relaxation and active recreation. Stary Folwark Marina offers 20 beds available for clients throughout the year as well as a conference room with 30 seats. You can rent here recreational water sports equipment: rowing boats equipped with electric motors, pedal boats and kayaks. Fans of sailing experience can try our Sportina 700 hulled yacht. It is a five-person watercraft, additionally equipped with an electric motor, some useable space below the deck and a toilet.



EUROCAMPING

Eurocamping No. 133 at 26 Zarzecze St in Suwałki is a place recorded at the list of international camper network ACSI (Auto Camper Service International). It is the most modern camper parking in the Podlaskie province. The securely fenced area of the Eurocamping offers forty two grass and gravel camper pitches. Clean and convenient tent, caravan and motorhome pitches with hook-ups offer everything you need to stay comfortable.



AQUAPARK

Aquapark in Suwałki is one of the most modern water park recreation and sports complexes located in the north-eastern Poland. The complex is composed of recreational and sports facilities. For children we have a paddling pool with a water mushroom and a hedgehog. There are also a 56m long indoor water slide, and two over 100m long external tube slides. The complex of baths and saunas is additionally available. You can find here also a restaurant, a conference hall, a rehabilitation centre, a fitness club, a hairdresser and beauty salon, as well as a shop with sports equipment.



GYM

The gym is located in the swimming pool building at 2 Wojska Polskiego St and consists of two rooms. In the first room there is equipment for cardio exercises as well as machines for ridge, legs, chest and stomach, their remain at the clients' disposal. In the second room there is equipment for strength, bodybuilding and rehabilitation. In the room there are also available: barbells, dumbbells, plates for the barbells and universal exercise benches. A qualified personal trainer supervises the correct course of the exercise.



HOSTEL WIGRY

Hostel WIGRY, at 26 Zarzecze St, located at the Arkadia Reservoir, nearby the football stadium. It offers 24 comfortable rooms (singles, doubles, and 3-5-bed rooms) and two studios. The hostel can accommodate up to 54 guests. At the reception desk you will find qualified personnel and full information service, also in English.



CLIMBING WALL

The Climbing Wall is made of panels imitating shape and texture of rocky surfaces of different complexity, advantageous is here undoubtedly the size of the wall – 165 m² (18 m x 9 m), allowing maximum 20 climbers at one time (climbing and assisting). The Climbing Wall is located inside the hall of the Sports and Recreation Centre, 2 Wojska Polskiego St, Suwałki.



SAUNA

An integral part of the gym at 2 Wojska Polskiego St is a complex of saunas. It offers a Finnish sauna and a Roman steam bath. The Finnish sauna features high temperature about 80-100°C with minimum humidity of about 5-15%. The steam bath, on the other hand, is very humid and has a mild air temperature of around 42-45°C. Such conditions are best for your skin relaxation; mild temperature and high humidity help open skin pores and remove toxins.



TENNIS COURTS

Sports and Recreation Centre in Suwałki within its base of objects offers five courts for tennis players. Two of those, located at the Arkadia Reservoir, 26 Zastawie St, have artificial grass surface and artificial lighting. The other three tennis courts with an artificial clay surface are neighbouring the athletics stadium at 17 Wojska Polskiego St.



BIKE RENTAL

Bike rental at the Arkadia Reservoir offers 12 modern city bikes – 7 men's and 5 women's. Bikes are of different sizes. The town of Suwałki has 70 km of biking paths. Outside the town, there are many picturesque biking trails including a fragment of the Green Velo Cycling Trail.



Suwałki Arena

The sports and show hall Suwałki Arena is located at 26 Zarzecze St, in the immediate neighbourhood of the "Wigry" Hostel, managed by the Suwałki Sport and Recreation Centre, the football stadium and the picturesque Arkadia Reservoir.

Arena offers 2 sports halls of total space of almost 1800 m²:

- big hall with tribunes with 2121 seats of dimensions of 48 m x 27 m and the height 12,80 m, which enables dividing among others the fields for football, handball (20 m x

40 m), basketball (15 m x 28 m) or even 3 parallel fields for volleyball (9 m x 18 m);

- small training hall of dimensions of 14 m x 24 m and the height 8 m of the sport surface from teraflex and
- conference and banquet hall (with kitchen facilities) of dimensions of 137,4 m².

The main sport hall of Arena enables organization of not only sport events (for example volleyball matches – we offer professional match surface teraflex), but also concerts, conferences, symposiums, fairs, etc. There is a possibility of

installing the scene and over 1000 seats on the pitch. Maximum number of spectators is 3000 in the version with chairs or over 3600 in version of "standing sectors" concerts.

Neighbourhood of the budget "Wigry" Hostel (56 places in 26 rooms) and the City Stadium (3 football-size grass, illuminated football pitches) as well as the Arkadia Reservoir (watering place, sand football and volleyball pitches, skatepark, parkour park, tennis courts) allow to organise the attractive holiday and sport camps.



RESO Suwałki Half-Marathon – the races with an unbeatable climate!



RESO Suwałki Half-Marathon – is the new scene of the quarter-marathon known as RESO Suwałki 10,5. After consultations with runners, organizers decided to go a step further and organize the night half-marathon in 2020. It will be one of the largest race events in the north-eastern Poland. The first edition of the night half-marathon will be held in 4-5 July 2020.

The complement of the new version is "Race on island", happening breakfast race, which main objective is promotion of running as well as the

breakfast on the charming island on the Arkadia Reservoir.

Unique formula and consequence of realization of assumed strategy resulted in over 4500 runners from 11 countries who took part in the event in 2016-2019.





LEGEND

- churches
- museums
- petrol stations
- academic centres
- post offices
- gastronomy
- pharmacies
- hotels
- cycle trails
- walking paths
- classicist paths
- parking lots
- TIC (Tourist Information Centre)
- accommodation places
- emergency service
- cinemas
- cemeteries
- watering places
- Suwałki ARENA
- tourist trail "Dwarfs do exist"
- Jewish trail
- bike stations with charging
- bike stations



The Green Velo Eastern Cycle Trail

The Green Velo Eastern Cycle Trail is over 2000 km and it is the longest cycle trail in Poland. It runs mainly on asphalt public roads of low traffic volume through the area of five provinces situated in the eastern part of the country: warmińsko-mazurskie, podlaskie, lubelskie, podkarpackie and świętokrzyskie. Almost 580 km (29% of the trail length) are segments running through forest areas, and 180 km (9% of the trail length) are river valleys.

The Green Velo is marked along its length by metal signboards in characteristic orange colour. The bike symbol was placed in the central place of the sign, the colour logo can be seen directly under it. Fans of bike tourism, interested in the culture of regions and the cultural heritage, nature lovers, amateurs of picturesque views will take advantage of the Green Velo trail.

The routes is convenient and safe also for families with children.

The Green Velo Eastern Cycle Trail run also through the Suwałki town. This section connects the northern Suwalszczyzna and the Suwałki Landscape Park with the Wigry National Park and the Augustów Primeval Forest. The point of bike service is located at the bus stop (Utrata St). Tourists can rest, have a meal and use the toilet there. Moreover, in Suwałki there are numerous places cyclist friendly, sharing the equipment for bike repairing for free, having at disposal the addresses of bike services and informing of local cycle routes as well as bike rentals. They are located in hotels, museums, centres of tourist information, sport and recreation objects.



City public bike system in Suwałki

Suwałki is the biggest town in the northern part of the Podlaskie Province, it is also an important economic, communication and administration centre. The town has an interesting urban system, historic churches and Orthodox churches, the marketplace with the classicist town hall as well as the District Museum and the Maria Konopnicka's Museum. Cyclists will certainly be satisfied of cycle routes of a good quality, both within the city public bike system in Suwałki and bike routes entwining the whole town.

The city public bike system is a part of the project "Development of quality of public transport system in Suwałki – stage III", realised within the Sub-measure 5.4.1. Low-emission strategies excluding BOF, of the Regional operational programme for the Podlaskie Province for 2014-2020.

Within the above mentioned system, the following location of bikes is planned:

- **station No. 1** – Kowalskiego St,
- **station No. 2** – Szpitalna St,
- **station No. 3** – Nowomiejska St,
- **station No. 4** – Gen. W. Sikorskiego St,
- **station No. 5** – Gen. J. Dwernickiego St,
- **station No. 6** – Północna St,
- **station No. 7** – Sejneńska St,
- **station No. 8** – T. Noniewicza St,
- **station No. 9** – Fr. K.A. Hamerszmita St,
- **station No. 10** – A. Putry St,
- **station No. 11** – Wojska Polskiego/Sportowa St,
- **station No. 12** – Arkadia Reservoir.

Following the Green Velo trail to the south-east from the town, we get to the Wigry National

Park with the Wigry Lake and Post-Camaldolese Monastery in Wigry. Heading to the north, we can reach the Suwałki National Park.

The Green Velo trail runs through the most interesting places of Suwalszczyzna. The first interesting point on the route is Bolcie – the place situated on the tripoint of Poland, Lithuania and Russia border (viewpoint).

SUWAŁKI BICYCLE PATHS

Nowadays, the bicycle infrastructure as an offer of active rest for potential tourists as well as for Suwałki inhabitants functions on the area of the town. Bicycle paths and pedestrian and bike trails are the alternative for car communication.

Tourist Information Centre **** in Suwałki

The Tourist Information Centre (TIC) is located on the area of the Suwałki "old town", in the historic centre of the town. It was granted the certificate of the Polish System of Tourist Information in the highest category**** (four stars).

In the Tourist Information Centre you can get to know about tourist attractions of Suwałki town, Suwałki region and neighbouring regions, events and happenings taking place in the town and nearby. You can also book a room, rent a guide for a tour on Suwalszczyzna, rent a bike or take advantage of a free computer station.

TIC has a recommendation of a place friendly to cyclists on the Eastern Cycle Trail Green Velo, it offers equipment for bike reparation free of charge and can indicate a professional service if necessary.

There is a small shop in the TIC, where guides, maps, books, gadgets with the logo of "Sunny Suwałki" as well as folk handicraft and regional artistic products are available.



Tourist Information Centre **** in Suwałki: 16 Fr. K. Hamerszmita St, 16-400 Suwałki • tel. +48 87 566 20 79

e-mail: cit@pogodnesuwalki.pl, cit@um.suwalki.pl • www.pogodnesuwalki.pl • Twitter: twitter.com/PogodneSuwalki • Facebook: www.facebook.com/cit.suwalki

AKVILON HOTEL

Akvilon Hotel is situated in the centre of Suwałki. It is known for unique decoration, individual approach to our guests as well as wonderful cuisine in the restaurant. We offer:

- 11 luxury rooms in price 260 PLN/double room and 175 PLN/single room
- breakfast and monitored parking place included in the price
- conference room rental and organization of weddings, first communion celebration and other special events.



Akvilon Hotel: 4 T. Kościuszki St, 16-400 Suwałki • tel. +48 87 563 59 40 • e-mail: recepcja@akvilon.pl • www.akvilon.pl

LOFT 1898 HOTEL

Hotel Loft 1898 is a stylish and modern object situated in the centre of Suwałki. A historic building was transformed into comfortable, high class object that links functionality with the unique atmosphere of XIXth century tsarist barracks. The hotel offers 76 high comfort air-conditioned rooms with 131 beds and two spacious conference and banquet halls. Regional cuisine is provided in the "Sweet Flag" ("Tatarak") Restaurant.

Full offer of the Hotel on the website:
www.hotelloft.pl



Loft 1898 Hotel: 24K Gen. K. Pułaskiego St, 16-400 Suwałki • tel.: +48 87 739 59 00, +48 721 551 101 • e-mail: info@hotelloft.pl • www.hotelloft.pl

VELVET HOTEL & RESTAURANT

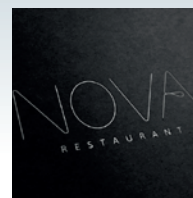
Velvet*** Hotel is an object located in the very centre of Suwałki. It is the only hotel in the town with monitored parking lot in the underground garage. Hotel offers comfortable accommodation in 28 air-conditioned rooms and in the two-floor apartment with free access to the chamber aqua spa and the "Calypso" fitness club. The hotel restaurant can be found on the list of 100 Poland Best Restaurant. The object has at disposal three conference and banquet halls, the biggest of them has capacity of 160 people.

"Nova" Restaurant of the "Velvet" Hotel

Serves traditional potato dishes, dumplings and cepelins, home-made bread, prepares lard, home brew as well as home-made cold and smoked meat.



100 POLAND BEST RESTAURANT
NOVA RESTAURANT OF THE VELVET HOTEL
THE WINNER OF A PRESTIGE PRIZE
BEST OF AWARD OF EXCELLENCE – 2 forks



Velvet hotel & restaurant: 128 T. Kościuszki St, 16-400 Suwałki • tel.: +48 506 631 755, +48 87 563 52 52 • fax: +48 87 563 52 53 • www.hotelvelvet.pl

LOGOS HOTEL

Logos Hotel is a chamber hotel situated in the very centre of the town, at T. Kościuszki St. It offers 31 comfortable rooms of a standard and a studio type as well as monitored parking lot. The Logos Hotel guests are welcomed every day for a delicious breakfast buffet as well as à la carte dishes. Speciality of the object are regional specials and the eastern Europe cuisine dishes such as cepelins, pelmeni of Lithuanian blini. The Cocktail bar offers a wide range of beverages. In the summer, the summer patio is a very popular place.

Hotel offers free internet and all-day reception. A valued advantage is a possibility to take a stay with a quadruped.



Logos Hotel: 120 T. Kościuszki St, 16-400 Suwałki • tel. +48 87 566 69 00 • e-mail: biuro-suwalki@hotellogos.pl • www.suwalki.hotellogos.pl

AKVILON

discount
10%
for accommodation
from Friday
to Sunday

COUPON

overleaf



LOFT
1898

Discount
5%
for orders in
Tatarak
restaurant

COUPON

overleaf



velvet

Discount 20%
from standard price for
individual stay in the
rooms of a Standard type
For guests not staying
15% discount
for a visit in Aqua Spa
Discount 15%*
for dishes and desserts
from menu card

COUPON

overleaf



HL

Discount
10%
for dishes and
drinks from
menu card in the
restaurant of the
Logos Hotel

COUPON

overleaf



COUPON

overleaf



Rozmarino

discount
20%

COUPON

overleaf



COUPON

overleaf



COUPON

overleaf



PIZZERIA – GALLERY ROZMARINO

Pizzeria – Gallery Rozmarino has served an Italian and Polish cuisine as well as vegetarian dishes for 25 years. In them menu of Rozmarino you can find original appetizers and salads, filling soups, true Italian pizzas, fish, the range of pastas and dumplings, excellent coffees, beverages, beers, drinks and authors desserts.

Our pizza is worth the highest attention – it is prepared with the due diligent, in the wood-burning stove, on the thin crust. You can order the forest, farmers, Suwałki, Verona, black tiger or others out of 21 kinds of pizza.

At our place you can rest from everyday hustle,

because Rozmarino is a treat not only for the body, but also for the spirit. We organise blues, jazz, rock concerts, also concerts with sung poetry and shanties. Also a Chimney Corner Gallery is situated in Rozmarino. Here you can see pictures of local but not only local artists.



Rozmarino: 75 Kościuszki St, 16-400 Suwałki • tel.: +48 87 563 24 00, +48 87 566 59 04 • e-mail: rozmarino94@wp.pl • www.rozmarino.pl

MK BOWLING CENTRE OF ENTERTAINMENT

Mk Bowling Centre of Entertainment is situated on the second floor of the Plaza Shopping Mall, next to the cinema. It is a place for outings with family and friends. Bowling, billiard, slot machines for kids and adults, pizza from the wood-burning stove. The best Italian ingredients. We are open every day from 10.00.



Plaza Shopping Mall – Mk Bowling: 15 Dwernickiego St, 16-400 Suwałki • tel.: +48 506 105 804, +48 608 400 009 • e-mail: suwalki@mkbowling.pl

HUTTA GRUNGE

We recommend: rooms and regional cuisine.

Our object is a reconstruction of the pPost-Camaldolese settlement from XVIII century in a buffer zone of the Wigry National Park. The guest house is attractive for long stays and for one-day visits of business people. We offer: delicious, traditional dishes in the “Komosianka” restaurant as well as rooms with the view for the Kolesne Lake.



Hutta Grunge (Folwark Hutta): Hutta 7, 16-402 Suwałki • tel.: +48 515 269 875, +48 502 272 701 • e-mail: biuro@hutta.pl, komosianka@hutta.pl • www.hutta.pl

POST-CAMALDOLESE MONASTERY IN WIGRY

The Post-Camaldolese Monastery in Wigry is the pearl of the Suwalszczyzna, located in the centre of The Wigry National Park, on the Wigry lake. The monastery is open all over the year and its cultural and accommodation offer, connected with the tradition and habits of Camaldolese monks is very attractive. Papal routes, St Jacob Route, the Mercy Route to Vilnius and the Green Velo Cycle Trail run through Wigry.



The Post-Camaldolese Monastery in Wigry invites for:

- sightseeing: papal apartments, church crypts, observation tower;
- permanent and thematic exhibitions;
- accommodation on thematic rooms and post-Camaldolese hermitages;
- regional cuisine;
- Camaldolese culinary workshops;
- outdoor and interdisciplinary events;
- summer tavern in the monastery gardens.

We also offer:

- a place for a picnic and a bonfire;
- tennis court;
- a marina and a water equipment rental.



www.fundacjawigry.pro

tel.: +48 87 566 24 99

BY THE WIGRY HOTEL (HOTEL NAD WIGRAMI)***

By the Wigry Hotel*** is situated by the Wigry lake, on the edge of the Wigry National Park, in Gawrych Ruda. Hotels offers 73 bed places in 34 rooms, including single, double, three-bed rooms and also a room for the disabled. In each room a tv, telephone, free Wi-Fi, a bathroom with shower are available. In the hotel restaurant, regional dishes are served.

Advantages to take in the hotel: bowling, billiard, table football, coin football, water equipment rental: kayaks, water bikes, a boat, Nordic walking sticks rental, a bike rental, a dry

sauna, an infrared sauna, a gym, a multifunctional field (volleyball, basketball, tennis court).

Detailed offer is available on:
www.hotelnadwigrami.pl



By the Wigry Hotel: 39A Gawrych Ruda, 16-402 Suwałki • tel.: +48 660 439 565 • www.hotelnadwigrami.pl

SZYSZKO HOTEL ***

Szyszko Hotel *** is a relax and a rest. 140 beds in 68 single, double and three-bed rooms as well as in apartments arranged in the earthy colours and the claret colour, designed for comfort and convenience of the guests.

SPA area with massages, a sauna and a jacuzzi will ensure the rest from stress and tiredness. The hotel restaurant serves regional and international dishes.

The hotel has at disposal the conference halls able to guest even 500 participant of the events.

Big parking lot and location away from the town centre at the 8 route causes that this

is the most convenient hotel for the business in Suwałki.

The gym and arbours in front of the building are also available for the guests. The club room with certified billiard tables can serve as an evening entertainment and as an addition to the events.



SZYSZKO Hotel ***: 3 Innowacyjna Street, 16-400 Suwałki • tel.: +48 87 565 46 46, +48 504 467 467 • e-mail: recepca@hotel-szyszko.pl • www.hotel-szyszko.pl

UŻMAUDA INN

The Inn is located by the Mauda lake. In the farm, you can rent boats and kayaks, you can also do some fishing, play football or volleyball. In the building, the holiday complex for 50 bed places in 18 rooms with bathrooms was built. In the summer, a full board is provided: regional dishes from ingredients from our farm. We have at disposal a hall of 330 m². Attractions in the surroundings are among others: peatlands of the Sudawskie mountains, the church in Wiżajny, tripoint of borders (Russia, Lithuania, Poland), the Hańcza lake, rail bridges in Stańczyki, the bike trail Green Velo.



Gościniec
Użmauda



Użmauda Inn Tadeusz Pruszyński: Rakówek 7/7A • tel. +48 695 847 718 • e-mail: goscinieczmauda@goscinieczmauda.pl

„CHEESE OF BASIA”



The company “CHEESE OF BASIA” from Wiżajny produces matured rennet cheese made from non-pasteurised cow's milk.

We offer both young cheese (few days) and mature cheese (over a month). Our product is inscribed on the List of traditional products of a Ministry of Agriculture and Country Development and it was awarded in the national contests many times.

**SERY
BASI**

We invite only for shopping with 10% discount from the coupon.

„SERY BASI” Mariusz Żeliszczak: 17A Suwalska, 16-407 Wiżajny • tel.: +48 509 761 865, +48 87 568 85 08 • e-mail: biuro@serywizajny.org.pl

W
Hotel nad Wigrami
discount
10%
for
bowling

COUPON

overleaf



Szyszko
discount
10%
for a room
(according to the
promotion regulations)

COUPON

overleaf



Gościniec
Użmauda
discount
10%
for
accommodation in
Użmauda Inn
in the Wiżajny
community

COUPON

overleaf



**SERY
BASI**
discount
10%
for shopping

COUPON

overleaf



COUPON

overleaf



RESTAURACJA

"KALINKA"

discount
10%

from the
whole order

COUPON

overleaf



RESTAURACJA

"KALINKA"

discount
10%

for the meat
product in the
company seat
(Ejszeryszki 11,
16-406 Rutka Tartak)

COUPON

overleaf



Gospodarstwo

Ekologiczne
„Rydzewscy”

discount
10%

for ecologically
processed
products
in jars

COUPON

overleaf



SUWAŁSKI

PARK KRAJOBRAZOWY

bike rental
5,00 PLN/hour
kayak rental on
the Turtul Pond
8,00 PLN/hour
rowing boat
rental on the
Turtul Pond
8,00 PLN/hour
promotional coupon
in the summer time

"KALINKA"

"Kalinka" is the resting place by the Wiza-jny lake nearby the border with Lithuania. The neighbourhood of the Sudawskie Hills, the Suwałki Landscape Park and the Rominc-ka Primeval Forest assures excellent conditions for doing active tourism.

Cuisine: regional dishes and other Polish and European dishes.

Dinner: 25 PLN. Breakfast: 18 PLN.

Accommodation: we offer 32 rooms with bathrooms (double and three-bed rooms).

Accommodation: 50-80 PLN (a person).

Attractions: fishing not only in the lake, but also in the nearby ponds, sleigh rides and horse riding. We organize walking and bike tours as well as kayaking on the water trails of the region.



"Kalinka" Restaurant: 10, 3 May, 16-406 Rutka-Tartak • tel.: Owner +48 513 845 116, Manager +48 668 845 798 • e-mail: kalinkapoczta@op.pl

MEAT PROCESSING PLANT – TADEUSZ PROTASIEWICZ

Meat Processing Plant – Tadeusz Protasiewicz is a producer of healthy food without artificial preservatives and food colourings. The plant uses meat of high quality with attest. The meat is smoked in a traditional way using hardwood. Assortment of 7 products was inscribed on the List of traditional products of a Ministry of Agriculture and Country Development. The plant is a laureate of XIII edition of the all-Poland contest under the auspices of the President of the Republic of Poland Bronisław Komorowski "The way to success".



Meat Processing Plant – Tadeusz Protasiewicz: Ejszeryszki 11, 16-406 Rutka Tartak • tel. +48 698 642 54

ECOLOGICAL FARM "RYDZEWSKY" – SYLWIA RYDZEWSKA

The ecological farm, it has a certificate. Selling direct on the farm. Wide range of products: from potato, all cruciferous vegetables, lettuces, etc. We prepare silages (cucumbers, cabbage, leaven), marinades, salads, juice, confiture and other delicacies.

The farm is also an agro-tourism place, 4 rooms with 10 beds by the Jemieliste lake. Guests are offered a big garden, arbour with a fireplace, playground for children.



Gospodarstwo
Ekologiczne
„Rydzewscy”



Ecological farm "Rydzewscy" – Sylwia Rydzewska: Jemieliste 7, 16-424 Filipów • tel.: +48 604 900 958, +48 726 519 905
e-mail: sylwiarydz@wp.pl, edzik1806@wp.pl • www.zagroda-edukacyjna.pl

SUWAŁKI LANDSCAPE PARK

In the winter, the Suwałki Landscape Park (SLP) invites you for walks in the scenery of snowy hills and ice-covered lakes. The Chamber of the Sudovian Memory in Szurpily and the country of the Old Believers with the beautiful molenna in Wodzilki are also worth visiting.

In the spring, the marathons – the Race Ultra-Hańcza (April 2020, a distance of 63 km (the Yew Mountain, the Castle Mountain, the Hańcza lake, Smolniki of the Czarna Hańcza valley) and a distance of 28 km of the Turtul Trail wait for tourists.

In the summer, the Suwałki Landscape Park delights with gorgeous postglacial landscape.

We invite you on the bile trail "From Suwałki place to the Suwałki Landscape Park through the Czarna Hańcza valley", it links the Park with the Suwałki town. After arrival to Turtul, the next attractions waits for the tourists, among others the educational path "The Turtul stories", "The Midsummer Night".

With the beginning of the autumn, we invite you to Predathlon (August 2020), it consists of: riding a bike, kayaking, running. The youngest



can prove themselves on the specially prepared obstacle course within the Kids Predathlon.

Suwałki Landscape Park: Malesowizna 24, 16-404 Jeleniewo • tel. +48 87 569 18 01 • e-mail: sekretariat@spk.wrotapodlasia.pl

WIGRY NATIONAL PARK

Ten things you should do in the Wigry National Park:

- walk on the educational paths: "Forests", "Suchary", "Lakes", "Amphibians", "Wilderness", "Samle", "Ols";
- ride a bike around the Wigry lake;
- ski cross country on the tourist ski trails;
- be out kayaking on the Czarna Hańcza river;
- visit the Wigry Museum, the nature, ethnographic, fishing exhibitions;
- enter the lookout towers in Bryzgiel and in Krusznik;
- visit the post-Camaldolese Monastery complex;
- sail the ship or the Leptodor II boat on the Wigry lake;
- ride the narrow gauge railway;
- catch suuuch a fish.

Tourist Information

The best way to start the visit in the Wigry National Park is to enter the Tourist Information Centre in the office of the Park Management in Krzywe. You can buy the entry pass, maps, guides as well as get the professional knowledge. The parking lot, rental, the bike repair station and the loading station are situated there.

In the headquarter of the WNP also the exhibition "By the Wigry lake" is available to visit.

Location: Krzywe 82, 16-402 Suwałki

Contact: tel.: +48 87 563 25 68, +48 510 992 672

e-mail: turystyka@wigry.org.pl

Tourist ski trail

Trails for cross-country skiers are marked with signposts and signs painted on trees, with a silhouette of a skier. Ski trails are situated in Krzywe and in Stupie. They can be used only if they are snowbound, on skis.

Wigry Museum

The Museum of the Wigry National Park functions in the building of the former Hydrobiology Station, where in 1928-1939 the pioneer of the Polish limnology Alfred Lityński worked. The history of the Wigry landscape, the Wigry lake – from the depths and organisms living there to the nature world on its shores, rivers, peat bogs as well as human activity is what you can learn in the object. Audio guides are also available.

Educational trails

Educational trails ("Forest" – 1,5 km, "Suchary" – 2,5 km, "Amphibians" – 0,5 km, "Lakes" – 6,2 km, "Wilderness" – 3,3 km, "Samle" – 4,8 km) on the area of the Wigry National Park run through very attractive lands, both in nature and culture ways. The paths link with tourist trails, leading into different areas of the Park, that is way starting the visiting with them is the idea worth considering.

Along the paths, the informational tables, catwalks, view platforms and places of rest are situated.



Cruises in the boat with a glass bottom

The Wigry Museum has at disposal the boat with a glass bottom – "Leptodor II". It can take 9 passengers on its deck at once.

Location: Stary Folwark 50

Contact: tel. +48 87 563 01 52

e-mail: muzeum.wpn@wigry.org.pl

www.wigry.org.pl/mw

Around Wigry by bike

The green trail "Around the Wigry lake" of Antoni Patla is the main and the most popular trail of the Wigry National Park. Wandering around the pearl of Suwałki lakes, we can see the Post-Camaldolese Monastery Complex in Wigry, situated on the Monastery Peninsula from all sides. It is one of the most valuable monuments of the Suwałki region. It is also a possibility to admire picturesque Wigry bays and other charming lakes.

If you would like to start your trip from the headquarter of the Park in Krzywe, you should follow the blue trail which turns into the Bindas road and then keep the black trail which leads us to the place called the "Catwalk" in the Czarna Hańcza valley. From this moment, you should follow the green trail signage and, after reaching Stary Folwark, you can go back to Krzywe by the bike lane running along the asphalt road within the Green Velo Trail.

Do not forget to purchase the entry pass, it is necessary to enter on the trails of the Wigry National Park. It is available in the office of the Park in Krzywe or by the internet on the website: www.wpn.eparki.pl.



Bike rental

20 PLN
a day

Reduced fare to the Wigry Museum

7 PLN

COUPON

overleaf



WOSIR SZELMENT

(PODLASKIE PROVINCE SPORT AND RECREATION CENTRE)

Summer

Water ski lift, watering place, rope park, mini golf and paintball are only some of summer attractions. Location of the Centre between the Suwałki Landscape park and the Wigry National Park makes it ideal starting point to visit the charming Suwałszczyzna.



Winter

WOSIR Szelment has an offer for all the lovers of the white madness. The Ash Mountain (Jesionowa Góra) of 252 m ASL makes that ski seasons lasts here over 100 days. Seven ski trails of different difficulty levels, six drag lifts and one belt conveyor are available. All the trails are illuminated, snow-groomed and snowed. Additional winter attraction is a snowtubing and a snow park for freestyle. On the area of the object there are a winter equipment rental, a restaurant, accommodation base and a licenced skiing school with professional instructors.



WOSIR
szelment



Ski lifts				Ski trails			
Marking of the ski lift	Type of the ski lift	Length of the ski lift	Height difference	Number of trail	Marking of the ski trail	Length of the trail	Height difference
A	Drag lift	300	40	1	Gorge	500	60
B	Drag lift	300	60	2	Black	400	60
C	Drag lift	240	55	3	School	90	9
D	Drag lift	280	51	4	Red	270	55
E	Drag lift	370	47	5	Five	300	51
F	Supportless T-bar lift	100	12	6	Six	300	51
G	Belt conveyor	80	9	7	Ski run	80	60
H	Supportless T-bar lift	220	41	8	Eight	400	47
				9	Snow Tubing	250	41
				10	Blue	400	47
Easy				Difficult			
				Very difficult			

WOSIR Szelment LTD: Szelment 2, 16-404 Jeleniewo • tel.: +48 87 567 07 08, +48 87 568 30 07 • e-mail: noclegi@wosir-szelment.pl, biuro@wosir-szelment.pl • www.wosir-szelment.pl

Cyclic events organised in Suwałki

JANUARY

Sunny Suwałki Station

The event promotes the city in the winter scene. The project is targeted at showing Suwałki as an attractive place of organisation of winter events.

Organizers: Suwałki Culture Centre, Sport and Recreation Centre, Suwałki Town
Place: Suwałki Culture Centre, Arkadia Reservoir

FEBRUARY

"Sudovian Spear" awards of the Suwałki President Gala

Annual prize of the Suwałki President is awarded for outstanding merits for the town in all the fields of public life. The prize can be individual or group, awarded to natural person, legal person or other entities. For several years, it is possible to submit requests for the prize for entrepreneurs conducting business activity on the area of Suwałki. The event is accompanied by a carnival ball.

Organizers: Suwałki Town, Suwałki Culture Centre
Place: the hall of the Sport and Recreation Centre

MARCH

300 years of granting the town charter to Suwałki (one-time event)

- the mass in the intention of the Suwałki inhabitants
- the City Council solemn session
- presentation of the copy of the act of granting the town charter to Suwałki by the king Augustus II on 2 March 1720
- "300 years of Suwałki" – panel conference
- performance of prof. Konstanty Andrzej Kulka with accompaniment of the Suwałki Chamber Orchestra
- concert of the United States Army Europe Rock Band Pfalz Alarm

Organizers: Suwałki Town, Suwałki Culture Centre, District Museum in Suwałki, Polish Numismatic Society Branch in Suwałki
Place: Co-cathedral of St Alexander, Suwałki Culture Centre

XXI Kaziuk Suwalski

"Fairs fair in the new city reality" is an outdoor event of the rite character.

Organizer: Suwałki Culture Centre Branch in Suwałki
Place: Patli Street, church of St Prince Kazimierz

APRIL

SBF Warm-up

The Blues Warm-Up before the Suwałki Blues Festival has become a tradition already. Every year, the blues feast provides artists from Poland and abroad.

Organizer: Suwałki Culture Centre
Place: Suwałki Culture Centre

MAY

Suwałki Social May Day Picnic

The main objective of the Suwałki Social May Day Picnic is presentation and integration of the Suwałki non-governmental organisations as well as civil initiatives.

Organizers: Suwałki Town, Suwałki non-governmental organisations
Place: Constitution of May 3 Park

Suwałki Miss Run

"Suwałki Miss Run" is an event directed only to women. The culmination point of the action is the race around the Arkadia reservoir on the distance of about 5 km.

Organizer: Sport and Recreation Centre in Suwałki
Place: Arkadia Reservoir



Yearly Student Carnival of PWSZ (State Higher Vocational School)

The students feast takes place in May every year. The first day are outdoor concerts, the second day – clubs open for the scholars.

Organizer: PWSZ in Suwałki

Place: Constitution of May 3 Park

Sudovian Archaeological Feast "Szwajcaria"

Two-days archaeological feast. It takes place nearby the famous barrow cemetery from the Roman Period and migration of people, which was examined in the 1950s and 1960s by the Complex Sudovian Expedition.

Organizer: District Museum in Suwałki

Place: old country Szwajcaria, nowadays the northern suburbs o Suwałki, Studzieniczne St at the 8 road to Budzisko.

JUNE

XX Jubilee Cavalry Picnic – Cavalry Days in Suwałki

Every year, within the event, the Contest of Cavalry Dexterity including cross, saber and lance competitions, historical shows, marches, cavalry evening and contest of jumps.

Organizer: District Museum in Suwałki

Place: Arkadia Reservoir, communal square between Świerkowa and Nowomiejska streets

Greeting the Summer connected with the Festival of Ice-cream and Desserts

Cyclical event organised on the last day of the school year. For the second time, the Suwałki youth will have its contribution in the event – they will indicate artists to perform during the event.

Organizer: Suwałki Town, Suwałki Culture Centre

Place: Constitution of May 3 Park

JULY

Reso Suwałki Half-marathon

It is the new scene of the quarter-marathon known as RESO Suwałki 10,5. The night half-marathon will be the one of the largest race events in the north-eastern Poland.

Organizer: Sport and Recreation Centre in Suwałki

Place: Suwałki, Arkadia Reservoir



13th Suwałki Blues Festival

The Suwałki blues festival has been organized since 2008. Traditionally, the event takes place in the second weekend of July and attracts to the city crowds of blues sound fans. The festival is known also on the international stage and it hosts musicians from outside of Poland.

Organizer: Suwałki Culture Centre

Place: Kościuszki St, Constitution of May 3 Park, Chłodna St, Suwałki clubs

XXIth Suwałki Fair of Folklore

It is the most important annual folklore event, promoting folk traditions of the multicultural Suwalszczyzna and the borderland.

Organizer: Suwałki Culture Centre

Place: Constitution of May 3 Park

AUGUST

Majster – Festival of Strength

Event for the strongmen that attracts to Suwałki the strongest people from the whole country.

Organizer: Sport and Recreation Centre in Suwałki

Place: Athletics Stadium, 17 Wojska Polskiego St

Camaldolese Fair and the II World Congress of Suwałki Inhabitants within the 300 years of Suwałki

The exceptional scene of the event created with a view to inhabitants. During three days, a lot of attraction will wait for participants. Two outdoor stages, three concerts of the Polish music stage stars, a dance, a laser show and a cabaret evening – these are only some of attractions of the rich programme of the event.

Organizers: Suwałki Town, Sport and Recreation Centre in Suwałki, Co-operative Bank in Suwałki

Place: boulevards by the Czarna Hańcza river, Constitution of May 3 Park, Kościuszki St, Post-Camaldolese Monastery in Wigry, Suwałki Culture Centre

SEPTEMBER

International Culinary Festival "Neighbours at the table" and the picnic with gardens

Cooks from partner cities are invited to Suwałki, then they are facing the challenge – the other one every year. Culinary shows, tasting and the contest are accompanied by artistic performances.

Organizer: Suwałki Town

Place: Constitution of May 3 Park

International Car Free Day

Every year, Suwałki inhabitants flock into activity supporting pro-ecological ideas and decrease amount of exhaust fumes. Drivers are encouraged to resign from using their cars for 24 hours during this day.

Organizer: Suwałki Town

Places: parking lot next to Kaufland Shop, Constitution of May 3 Park

OCTOBER

National Education Day

The celebration of education and higher education which is an occasion to award distinguishing teachers and non-pedagogical employees.

Organizer: Suwałki Town

Place: Suwałki Culture Centre

NOVEMBER

Suwałki for the Independent

Sport celebration of the National Independence Day. Two groups of participants take part in the event – children in the "Race of young patriots" on the distance of 1 kilometre and the youth and adults in the "Race of Patriots" on the distance of 5 kilometres.

Organizer: Suwałki Town

Place: Suwałki

DECEMBER

Lighting up the city Christmas tree

Annual inauguration of the pre-Christmas period in Suwałki. The Lighting up the city Christmas tree is accompanied by artistic performances and small gifts for children.

Organizers: Suwałki Town, Suwałki Culture Centre, Road and Greenery Management in Suwałki

Place: Maria Konopnicka's Square

Christmas Market and city Christmas Eve

In this exceptional time, Suwałki inhabitants can take part in the fair of original Christmas gifts and food specials, in concerts, workshops of gingerbreads decoration as well as in the meeting with Santa Claus.

Organizer: Suwałki Culture Centre

Miejsce: Maria Konopnicka's Square

Town New Year's Eve

Every year, Suwałki inhabitants gather in order to welcome the New Year in the company of stars of the Polish music stage.

Organizer: Suwałki Town

Place: Maria Konopnicka's Square



Suwałki' card from the history of the city

300 years from the moment of granting the Camaldolese town of Suwałki the privilege for Magdeburg city rights by the king Augustus II passed on March 2, 2020. Authorities, rights and privileges of townspeople as well as the coat of arms of the city were determined in the document. It was the crowning of almost 10 years process of the town foundation and the document was a conformation of the rights and Camaldolese location granted earlier.

One of the first notations about the Suwałki country dates on 1688. Two years later, Nowina Suwałki counting of two smokes was mentioned and in 1700 Suwałki Great and Suwałki Small were noticed. In 1710, the Wigry Camaldolese monks obtained from the king the privilege for the right for taking place the fairs and markets, and then, on June 2, 1710 they started the building the wooden church of St Cross. Five years later, on December 3, 1715, the prior of the Wigry monastery Ildefons announced the document erecting the Suwałki town. On its basis, the Camaldolese frees inhabitants from serfdom, established city authorities: the sub-delegate (Antoni Podbielski was given this function), the city writer (Antoni Rowiński), two councillors and six assessors as well as they indicated the 300 places for the future building. For seven years, they freed the inhabitants exemptions from rent and give 83 drags (about 1803 ha) of nearby forest intended for grubbing for farming as well as nature reserves and meadows. The Camaldolese created foundations of urban planning assumptions, marked the market place and the new streets, took care of the temple maintenance and the – the building of the town hall. The location privilege allowed the Jews to settle in the town, but only on indicated streets.

The town had developed fast and in 1789 it counted 199 smokes and 1030 inhabitants. Despite the fact that Augustów and Przerośl were larger than Suwałki in that time, the Suwałki town was an important centre of the region, which several dozens years later exceeded other towns and became its capital.

In 1774, the Prussian army had seized Suwałki, and two years later – after dissolution of the monastery and confiscation of its property, the town became the royal city. In 1796, the town had been included into the composition of the East Prussia and, the next year, it was designated for the seat of the Wigry county authorities. After establishing the Duchy of Warsaw in 1807, Suwałki was situated in the borders of Łomża Department. It lost its previous function of the administration centre.

After establishing the Polish Kingdom, by decision of its governor on the administrative division of the country, the Augustów Province with the seat in Suwałki was created on January 16, 1816. After a dispute lasting several years and the final decision on maintenance of the seat of the province authorities in the town, Suwałki entered a period of prosperity. New government buildings, temples, schools and tenements were created, their designers were the most outstanding architects. Regulatory works were conducted, delineating the new streets and squares as well as the main axis of the city that was the Petersburg route linking Warsaw with the capital of the Empire. The number of inhabitants had increased steadily, at the end of the 1960s Suwałki became the fourth city of the Polish Kingdom in terms of population, giving way only to Warsaw, Łódź and Lublin. In the middle of XIXth century, the majority of inhabitants were the Jews.

In 1866, in connection with the ongoing Russification, Suwałki became the capital of the Suwałki Governorate. Many Russians flew to the city then and took over offices and schools. At the end of XIXth century, the building of the large barracks surrounding the city was started and the railway line was launched.

After the outbreak of the I World War and heavy Russian-German fights, in February 1915 the town was taken by the Germans. The occupation lasted too much longer here, because inhabitants celebrated the advent of freedom only on August 24, 1919.

In the interwar period, Suwałki became the county town, and, after loosing the stature of the capital of the province the numerous military garrison set the tone of living.

During the II World War, Suwałki was under German occupation and was incorporated into the Reich along with the region. Inhabitants were affected by persecution and repression. After the II World War, Suwałki became the county town and experienced stagnation for a long time. Changes started after 1975, when Suwałki promoted to the capital of the province once again. Many new industrial plants were established then as well as the new housing estates in connection with the explosive increase of inhabitants number. Suwałki became a large administration centre. After another reform from the beginning of 1999, Suwałki became the county town once again.

Today it is a town of about 70000 inhabitants. It is a town of great possibilities, many interesting events and initiatives as well as interesting and friendly people.

*Elaboration dr Krzysztof Skłodowski
District Museum in Suwałki*